

A Day in The Life of a Sapling Pre-Schooler

A child directed learning day



GOOD MORNING!

First thing's first - a warm welcome from your Saplings teachers! Before the session begins you are free to play with your friends whilst your parent /carer catches up with the teacher to share important information.

Then it is time to join your friends and Sapling's teachers for a morning circle session. We will sing our special song, share a poem, story, or a non-fiction book, talk about nature, animals, and insects. There will be a weekly theme for all areas of our learning. There will be plenty of activities on offer to inspire everyone. This will be a time for you to think about...

What would you like to do today?



- Explore the woodland, use the binoculars and specimen pots to look for and carefully capture insects, or help make a mini-beast hotel?



- Maybe you could build a drey for a squirrel puppet, a burrow for a hedgehog or a nest for a bird? We must remember to fill the bird feeders too!



- Let's light the fire to make hot chocolate, a warm and soothing treat for snack.

SNACKTIME

By now you must be hungry? Would you like to help prepare a snack for you and your friends? Let's wash our hands. There is plenty of fruit to peel and cut up.

We will join with our friends for a social time, to share food and conversation. Your Sapling's teachers are looking forward to hearing about your morning's activities. What a lovely time for a catch up.

BACK TO PLAYING

Let's get back to playing again. We could carry on with what you were doing before snack, or we could try something different?

How about?

- Drawing – Let's find some chalk or use charcoal made from the fire.

- Painting – We can crush up some berries or mix mud with water to make paint.
- Craft – We have some clay to make a hedgehog. Can you find some sticks for his spines? There are some wood slices to make an owl. We can use a hammer and some nails to attach his body parts.
- Mud kitchen - What would you like to make – chocolate mud cakes or leaf soup? What ingredients can you find?
- Climbing – Are you feeling confident enough to balance on the slack line? Or let's make a seesaw with your friends.

LUNCHTIME

You must be ready for a break and some delicious food by now. Let's wash our hands and find our friends. Grab your backpacks and let's see what you have brought in for your lunch today! Your Sapling's teachers will help you with your lunch. Let's take some time to share our experiences as we join together.

AFTERNOON

Now we're ready for afternoon fun, what will it be?

- A walk around the beautiful grounds. I wonder what flora and fauna we will find today? I wonder what pond life we will find in the pond today?
- Shall we build a shelter? We will need big sticks, tarpaulins, and some rope. This is a good opportunity to try and tie some knots.
- Today is a good day for puddle jumping or flying homemade kites!

END OF THE DAY

As our day ends:

- Let's listen and reflect.
- What was your favourite activity today?
- Let's share a story.
- As we tuck the forest to bed, we can sing our special goodbye song.

You must be ready for bed by now, what with all that fresh air and outdoor fun!

See you tomorrow for more outdoor fun and adventure!

